

CURRICULUM VITAE

QAMAR ABBAS

Address: Sangina, Parachinar, District Kurram

Phone#: 0304-8982891

PERSONAL

F/Name	Hashmat Ali
CNIC	21302-1568350-3
D.O.B	10.03.2000
Blood G	A+
Domicile	District Kurram
Gender	Male
Religion	Islam
Marital	Single
Nationality	Pakistani

QUALIFICATION:

Degree	Session	Obtain Marks	Total Marks	Board
SSC	2018	696	1100	Kohat
HSSC	2020	747	1100	Kohat
Anesthesia Diploma	2023	846	1450	FOPAS

EXPERIENCE:

Company: my4walls

Experience: 02 years

- Identify and mitigate workplace hazards.
- Delivering Site Safety Orientation to the new workers and visitors.
- Conducting tool box talk before all non-routine activities.
- Regular inspections of different areas of the plant.
- Conducting awareness programs to the plant team regarding health and safety.
- Delivering fire safety training to the workforce.

HOBBIES

✚ Music, Cooking , Reading Books, Walking, Cricket, Tennis

LANGUAGE:

✚ English
✚ Urdu
✚ Pashto